



The Circuit

Lets keep it current - 1

September 2013



UKPTA Counsel –

Vision Statement 2009

Polarity therapy is recognised and respected worldwide as a professional and effective health-building system and for its community of skilful practitioners who are renowned for their ability and integrity. In the UK the general public respect and accept the effectiveness of Polarity therapy and will naturally consider visiting a Polarity therapy practitioner when choosing a healthcare professional. Polarity therapy practitioners form a close-knit and vibrant community and feel assured of their professionally recognised reputation. They are renowned for their principled approach, their dedication and the quality and efficacy of the service they provide.

Allowing the picture to evolve.



The UKPTA Training Programme

APEF, a group which is made up of All trainers and Schools and the UKPTA Counsel **Notes from Aug 27th**

We want to encourage the Association to grow, i.e. looking for changes to achieve this goal, a student practising, being an entry to the Association. The training review is looking at a student level, therapeutic level and full practitioner. Healing Toolbox have reappraised their Polarity Training to a core of the RPP course, with their distinct flavour for their Polarity Healing Course. Entry into this course will be from existing therapists from other modalities, as Jo states "It appears that people wanting to train now, are already practising therapists"

From finishing a course like Jo and Anthony's, then this would leave the remaining part of the RPP course current, to be finished by modules. *Faith* says her inspiration came from 'professional people (Therapists)' needing Polarity tools - experience grows their work, Polarity to continue to show itself as the therapist's therapy, particularly touch therapies. *Jeanette* says that people coming for trainings are very much more aware and conscious. *Graham* suggests looking at how the RPP course is modelled at the moment, to see how Jo and Anthony's course can be incorporated into the training and validated. Also the Relaxation work, from a student level of membership the style of training that he and Lyn are running this 'Relaxation aligning to Polarity', with a level of Practise, as a pre-requisite for Jo's course. Two training levels aligning, RPP with PTP and PHP being equivalent to EPP. The IPEA use PTP (Polarity Therapy Professional) and EPP (Educated in Polarity Principles). Peer assessment amongst the trainers could be a good idea –*Anthony* suggests guided by Spirit not ego. This opens up the way for module style training for the remaining parts of the RPP, plus other post diploma courses on education relating to Polarity, that will be open to the wider field of holistic health well beyond the confines of Polarity Therapy, this all helping the Polarity integrity, which could come through post-graduate training and Supervision. *Anthony* asks to get this clarified, what's needed? – change the constitution by an extraordinary meeting or at the next AGM, or a postal vote. The Counsel are due to meet in October to take the next steps.

Graham (Training Liaison)

Notes from Aug 27th 2013 (full minutes available on the Website - members area)

Social Media.

This all works on the amount of views that a picture or comment or the original posting receives, the more it gets the more it can be viewed by others, FaceBook will only put a posting out to others 'home' page if the post gains interest! - This is where you come in, whenever you are on FB just click like to anything connected with Polarity and it will make a big difference. **Graham**

POLARITY

Circuit

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Association

AGM 2014

Dates for AGM 2014 April 25th-27th

Proposed to be in Norfolk Further details will emerge shortly.

Lyn Whiteman – Treasurer

Its been a very strange year for us – many shifts and changes and having to ‘hold everything together’ has not been easy on many fronts.

Working with our new business of Neutral Space has been a wonderful focus for us both this past two years giving us fresh enthusiasm and energy for our beloved Polarity work to continue, within a new framework that feels accessible and is easy to talk about, as ‘Relaxation’ can be understood by everyone and relieves the historical unease of explaining ‘all about Polarity’ to someone – this way they get to feel it first and decide for themselves just how relaxing this bodywork is!

After our first year, we are pleasantly pleased at our progress, still working alongside our existing Polarity work. As Treasurer, I do hope the future membership of UKPTA is destined to increase exponentially. After all, new members are the life blood of the Association.

Speaking personally, I just would like to say that ever since I started my Polarity Journey I have not met anyone that does not feel fairly passionate about their Polarity work, and after speaking to a member recently I have realised that there are many of us with heartfelt life situations (our own included) where ‘Polarity understandings and bodywork have been there for us, and how would we have managed without it....? This is amazing work, and we are so privileged to be able to share it with others and support one another. **Lyn**

2013-14 Counsel -

**Chair: Jeanette McKenzie,
Treasurer: Lyn Whiteman,
Secretary: April Furnival,
Registrar: Andrew Harry,
Training Liaison: Graham Whiteman**

Comments / Agenda 2014

If you have any changes to the constitution to propose then please forward to a Counsel member before the end of October 2013

Also any points for discussion for the AGM agenda, deliver them by email or post before the end of 2013.

If you have any articles or comment for inclusion in the next ‘Circuit’ please email to any counsel member. Thx

Allowing the picture to evolve.



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"Walking the way of devotion and love has its own compensations in blissful experience of which the 'song of songs' (Solomon) is but one narrative. great beauty as well as the uplift of the spirit and the fullest expression of the soul as LOVE itself lies in the higher energy realms and regions"

Mystic Bible : Dr Randolph Stone
1890-1981

